

MOTHER BOARD



All deli meats are house made MOTHER BOARD analog meats,
100% vegan, made with fresh **cashew** milk and seitan, spices,
& love.

MENU

The FIX is our combo of fresh lettuce, tomato, onions, mayo, sweets & hots,
red & sherry wine sacred sauce on our house curated toasty 12" hoagie roll.

Don't go changing!

MOTHER TERESA

\$15

Turkey seitan with provolone cheeze plus the fix.

UNCLE ALAN

\$16

Cold style Italian cold cuts, sliced salami, capicola and mortadeli, provolone
cheeze plus the fix.

SAINT JOE

\$16

Hot style Italian cold cuts, sliced salami, capicola and mortadeli, provolone
cheeze plus the fix.

JERSEY BOSS

\$16

Sliced ham & turkey served warmly with cheddar cheeze plus the fix.

NEIL PARMESAN

\$17

Breaded seitan-cutlet with cracklin rosie tomato sauce, parmesan & provolone
cheeze. Served warmly.

COMPANIONS

Italiano

\$6

Fusilli pasta, olives, artichokes, onions, parmesan.

Siciliano

\$5

Extra spicy radiator pasta with rosie tomato sauce and hot pepper relish.

Americano

\$5

Wimpy shells with garlic aioli, peas & carrots.



*Cashews abound. If allergic, stay away.

MOTHERBOARDVEGAN.COM





**CLEANER,
HIGH PROTEIN
ANALOG MEATS
MADE WITH
NATURAL INGREDIENTS**

**TO FUEL YOU &
YOUR MOTHER**



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